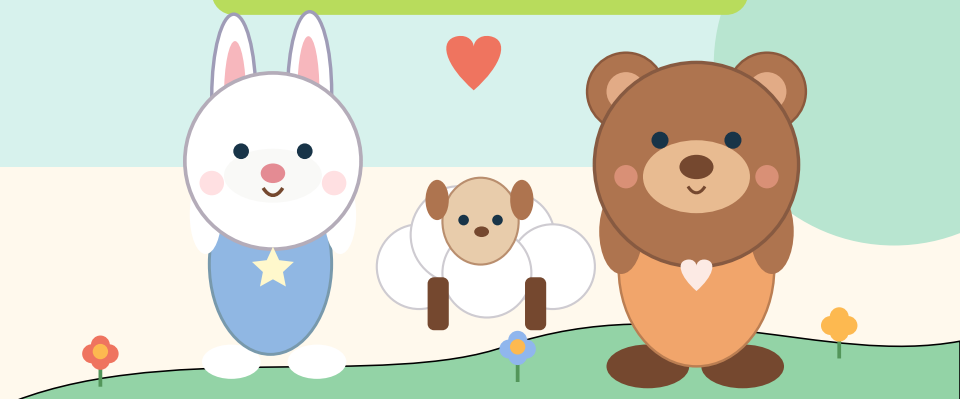
GO ONE MORE

LITTLE STEPS. BIG LOVE.



A PICTURE DEVOTIONAL

for ages 3-5

30 little Bible stories + kindness adventures

A GROWN-UP AND ME BOOK

Based on the Go One More 30-Day Devotional | 1C

Grown-ups, start here

A few minutes a day is enough.

This book is for children who are still learning to read. You read the words; your child looks, points, talks, moves, and practices kindness.

1. **LOOK**
   Look at the picture together. Find the tiny pink heart hidden on every page.
2. **TELL**
   Read the short Bible story aloud. The Bible reference is there for you.
3. **SAY**
   Say the big sentence together. Let your child repeat it, shout it, or whisper it.
4. **ASK + DO**
   Ask the question. Choose the tiny kindness activity that fits your day.
5. **PRAY**
   Pray the one-sentence prayer together in your own voices.

A NOTE ABOUT THE "ONE"

Preschoolers have one simple job here: notice and love the people already around them. If they have questions about faith, listen and make room for those questions too.

The Bible stories are short retellings for little ears. Look up the reference to read the whole passage.

One Little Sheep

BIBLE: Luke 15:3-7



GROWN-UP READS

Jesus told a story about a shepherd who had one hundred sheep. One sheep was missing! The shepherd looked until he found it. He was so happy. Every single sheep mattered.

Every one matters!

ASK ME

How did the shepherd feel when he found his sheep?

TRY IT TODAY

Count five toys. Hide one. Find it and celebrate!

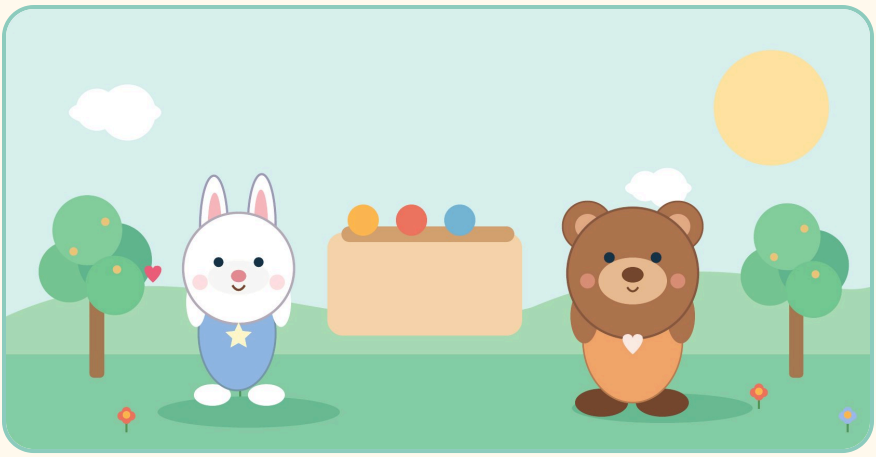
PRAY TOGETHER

Jesus, thank You for loving every one of us.

Look for the hidden pink heart in the picture!

Come With Me!

BIBLE: John 1:40-42



GROWN-UP READS

Andrew met Jesus. He was so excited that he went to find his brother, Simon. Andrew said, "Come with me!" He helped his brother meet Jesus, too.

I can invite a friend.

ASK ME

Who do you like spending time with?

TRY IT TODAY

Invite someone to play a game with you.

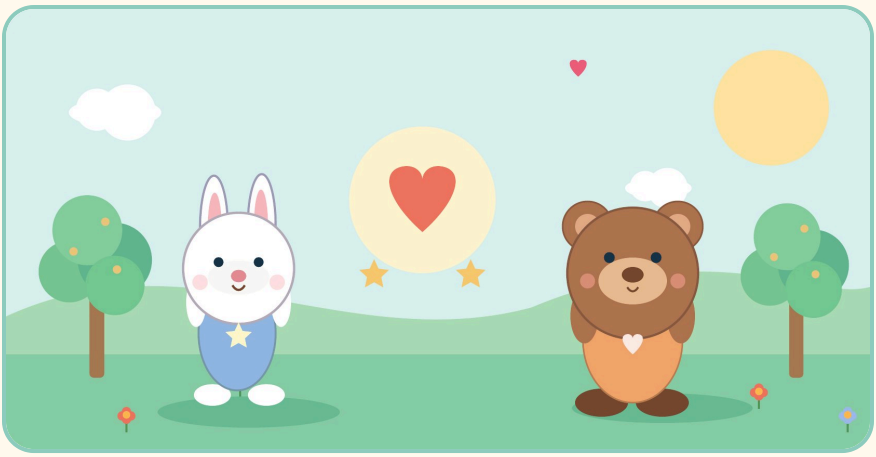
PRAY TOGETHER

Jesus, help me make room for a friend.

Look for the hidden pink heart in the picture!

Little Things Matter

BIBLE: 2 Timothy 1:5; 3:14-15



GROWN-UP READS

Timothy learned about God from his mother and grandmother. They helped him again and again. Little moments of love helped Timothy grow.

Love grows little by little.

ASK ME

Who helps you learn and grow?

TRY IT TODAY

Give a hug or say thank you to someone who helps you.

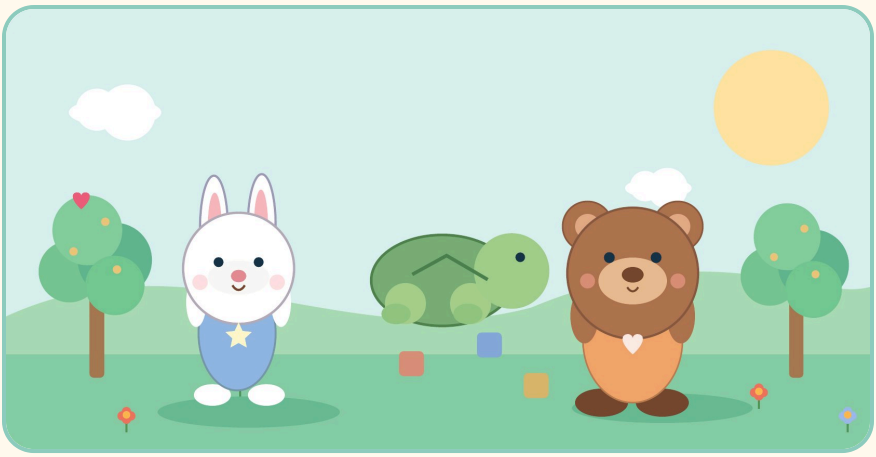
PRAY TOGETHER

God, thank You for people who love and teach me.

Look for the hidden pink heart in the picture!

Stop and Help

BIBLE: Luke 10:25-37



GROWN-UP READS

Jesus told a story about a hurt man beside a road. Some people walked right past him. Then a kind traveler stopped. He helped the man and made sure he was safe.

Love stops to help.

ASK ME

What could you do if someone dropped their toys?

TRY IT TODAY

Help pick up toys or another small mess today.

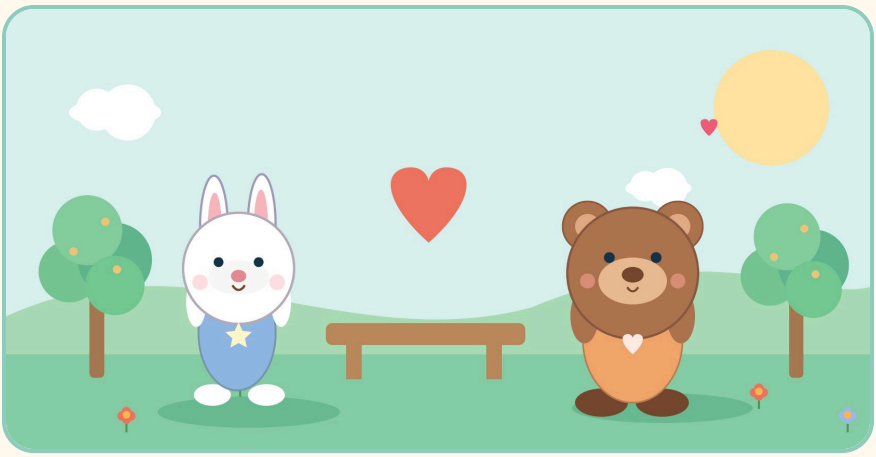
PRAY TOGETHER

Jesus, help me notice when someone needs help.

Look for the hidden pink heart in the picture!

God Sees Me

BIBLE: Genesis 16:7-13



GROWN-UP READS

Hagar was alone and upset. But God knew where she was. He listened to her and cared for her. Hagar learned that God saw her.

God sees me. God sees you.

ASK ME

When do you like someone to notice you?

TRY IT TODAY

Look at someone when they talk. Say their name kindly.

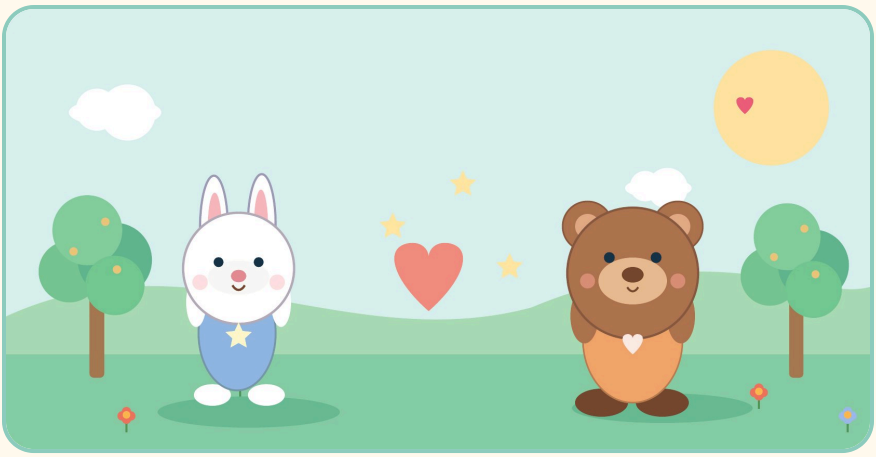
PRAY TOGETHER

God, thank You for seeing me and my friends.

Look for the hidden pink heart in the picture!

First, We Pray

BIBLE: Nehemiah 1:1-11



GROWN-UP READS

Nehemiah heard that people in his hometown were hurting. He felt very sad. Before making a plan, Nehemiah talked to God and asked for help.

I can talk to God.

ASK ME

What is something you want to tell God?

TRY IT TODAY

Fold your hands and pray for someone by name.

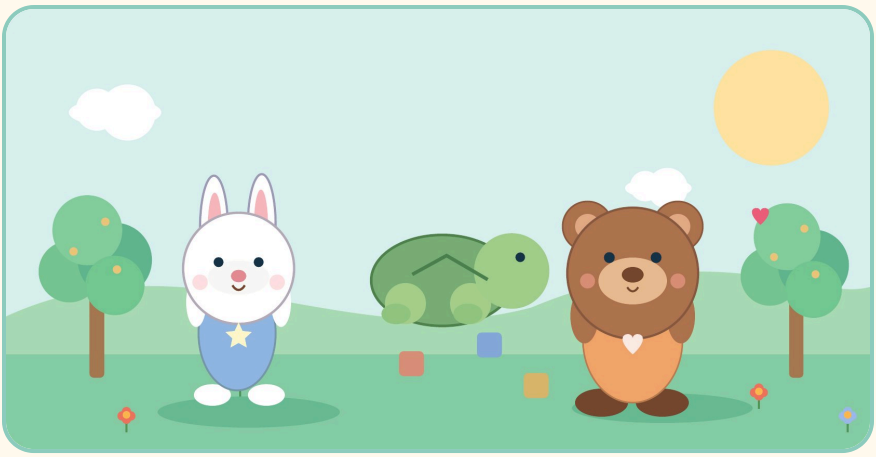
PRAY TOGETHER

God, please help the people I love.

Look for the hidden pink heart in the picture!

Friends Help Friends

BIBLE: Mark 2:1-12



GROWN-UP READS

Four friends carried a man who could not walk to Jesus. The house was crowded! So the friends worked together to bring him close. Jesus saw how much they cared.

We can help together.

ASK ME

How many friends carried the man?

TRY IT TODAY

Carry a light blanket together with a grown-up.

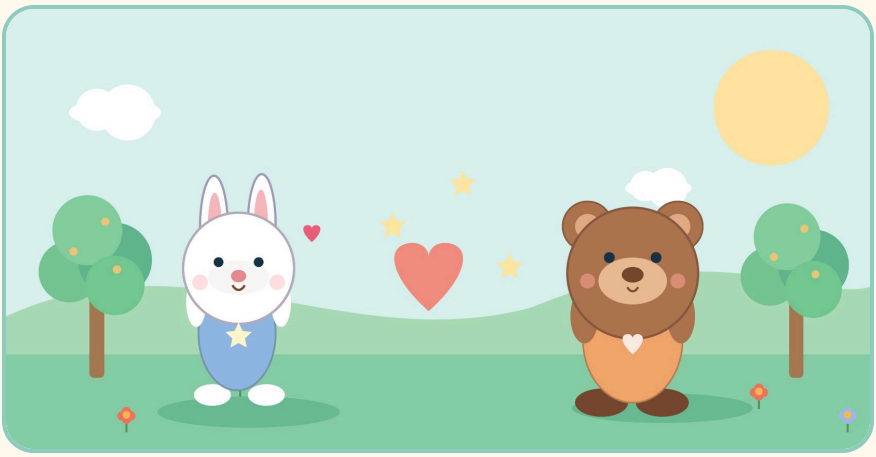
PRAY TOGETHER

Jesus, help me be a kind, helpful friend.

Look for the hidden pink heart in the picture!

Keep Praying

BIBLE: Luke 18:1-8



GROWN-UP READS

Jesus told a story about a woman who kept asking for help. He wanted His friends to keep praying, even when they had to wait.

I can pray again.

ASK ME

Is waiting easy or hard for you?

TRY IT TODAY

Pray for the same person today and tomorrow.

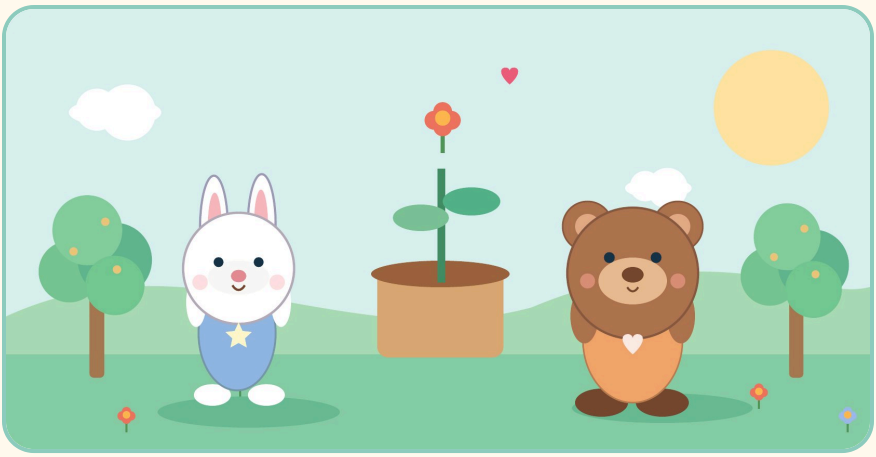
PRAY TOGETHER

God, help me trust You while I wait.

Look for the hidden pink heart in the picture!

A Tiny Seed

BIBLE: Mark 4:26-29



GROWN-UP READS

Jesus said that seeds grow while the farmer sleeps and wakes up. First comes a tiny sprout. Then the plant grows bigger. Growth takes time, and God makes it possible.

God helps good things grow.

ASK ME

What does a seed need to grow?

TRY IT TODAY

Plant a seed, or water a plant with a grown-up.

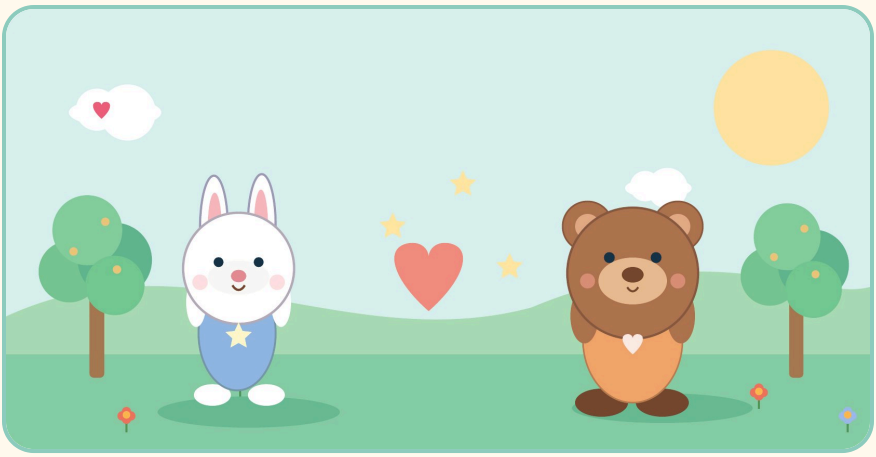
PRAY TOGETHER

God, grow kindness in my heart.

Look for the hidden pink heart in the picture!

A Name in My Prayer

BIBLE: Colossians 4:12



GROWN-UP READS

A man named Epaphras prayed for his friends. Even when he could not be with them, he could ask God to help them.

I can pray for you.

ASK ME

Who would you like to pray for?

TRY IT TODAY

Draw a heart for someone and pray for them.

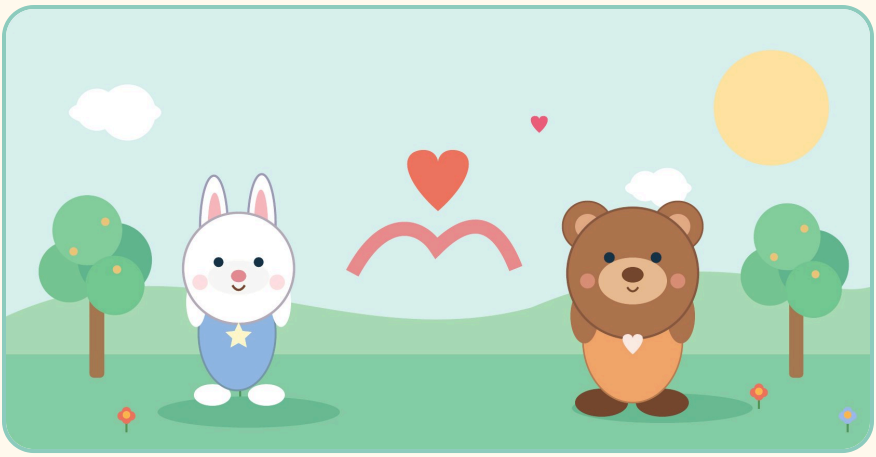
PRAY TOGETHER

God, please care for my friend today.

Look for the hidden pink heart in the picture!

I Will Stay

BIBLE: Ruth 1:14-18



GROWN-UP READS

Naomi was very sad. Ruth loved Naomi and did not want her to be alone. Ruth said she would go with Naomi. Ruth showed love by staying close.

Love stays close.

ASK ME

How can we help someone who feels sad?

TRY IT TODAY

Sit beside someone, hold a hand, or offer a hug.

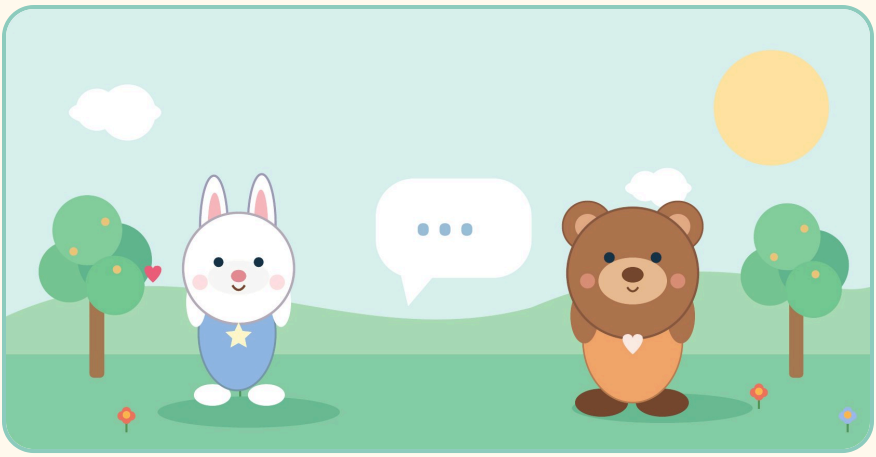
PRAY TOGETHER

God, help me be a caring friend.

Look for the hidden pink heart in the picture!

Jesus Listens

BIBLE: Mark 10:46-52



GROWN-UP READS

A man named Bartimaeus called out to Jesus. Some people told him to be quiet. Jesus stopped and listened. Then Jesus asked what the man needed.

I can stop and listen.

ASK ME

What does a good listener do?

TRY IT TODAY

Let a friend finish talking before you answer.

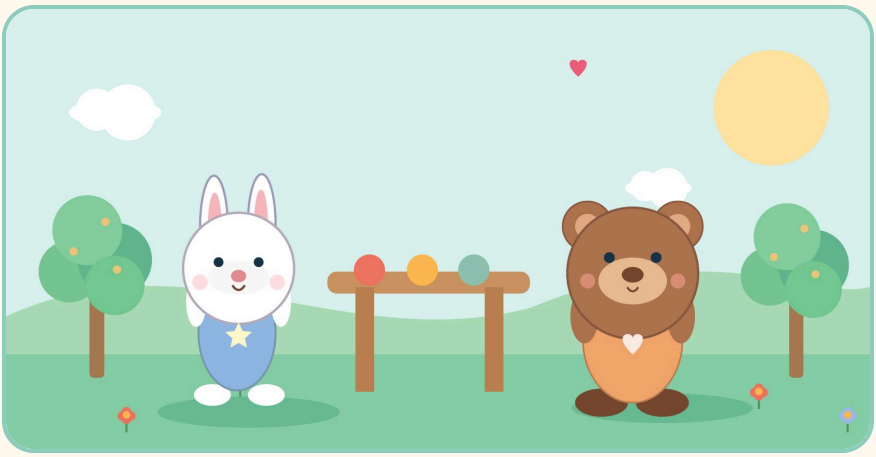
PRAY TOGETHER

Jesus, help me listen with love.

Look for the hidden pink heart in the picture!

Room at the Table

BIBLE: Luke 19:1-10



GROWN-UP READS

Zacchaeus climbed a tree to see Jesus. Jesus saw him and called him by name. Jesus went to his house. Zacchaeus learned that he mattered to Jesus.

There is room for you!

ASK ME

How do you feel when someone saves you a seat?

TRY IT TODAY

Make an extra place for someone at snack or playtime.

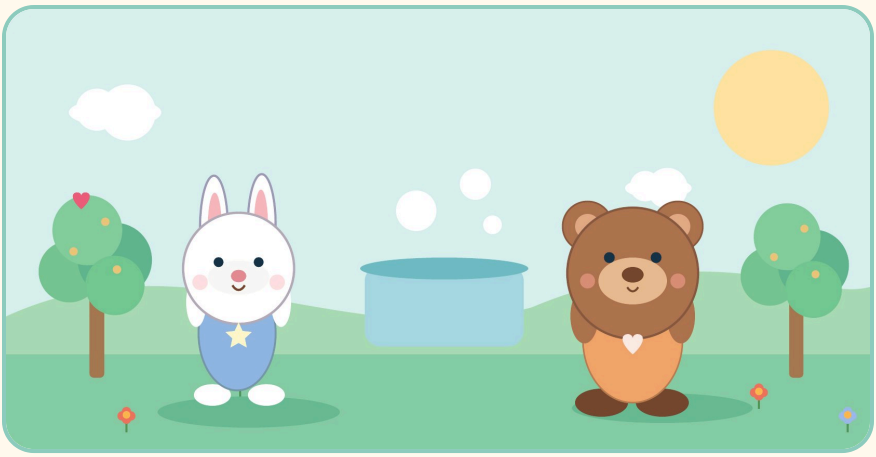
PRAY TOGETHER

Jesus, help me welcome others.

Look for the hidden pink heart in the picture!

Helping Hands

BIBLE: Acts 9:36-42



GROWN-UP READS

Tabitha loved helping people. She made clothes for people who needed them. Her hands showed kindness. Many people were thankful for her.

My hands can help.

ASK ME

What good things can your hands do?

TRY IT TODAY

Help fold a towel or deliver something kind.

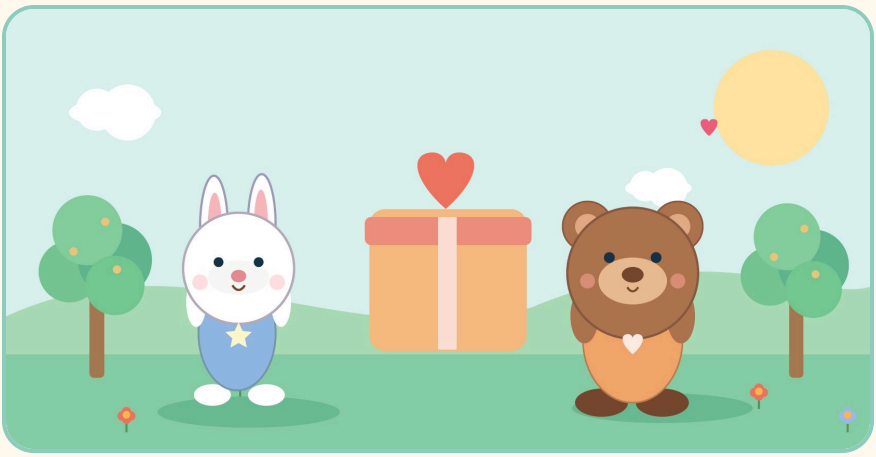
PRAY TOGETHER

God, use my little hands to show big love.

Look for the hidden pink heart in the picture!

A Gift of Love

BIBLE: John 12:1-8



GROWN-UP READS

Mary loved Jesus. She gave Him a special gift to show her love. Jesus knew her gift came from her heart.

Love gives with joy.

ASK ME

What can you give that does not cost money?

TRY IT TODAY

Make a picture for someone you love.

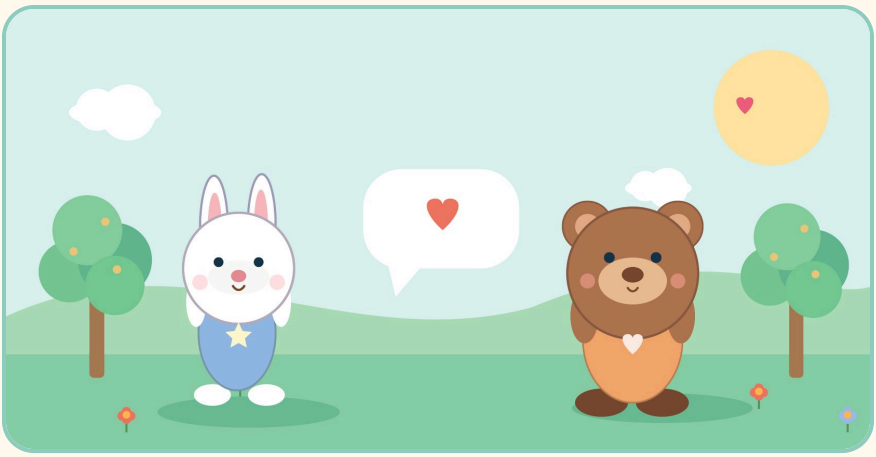
PRAY TOGETHER

Jesus, help me give with a happy heart.

Look for the hidden pink heart in the picture!

Good News to Share

BIBLE: John 4:28-30, 39-42



GROWN-UP READS

Jesus talked kindly with a woman at a well. She was so glad that she went and told people in her town about Him. She shared what she had learned.

I can share good news.

ASK ME

What is something good you want to tell someone?

TRY IT TODAY

Tell a grown-up one thing you love about Jesus.

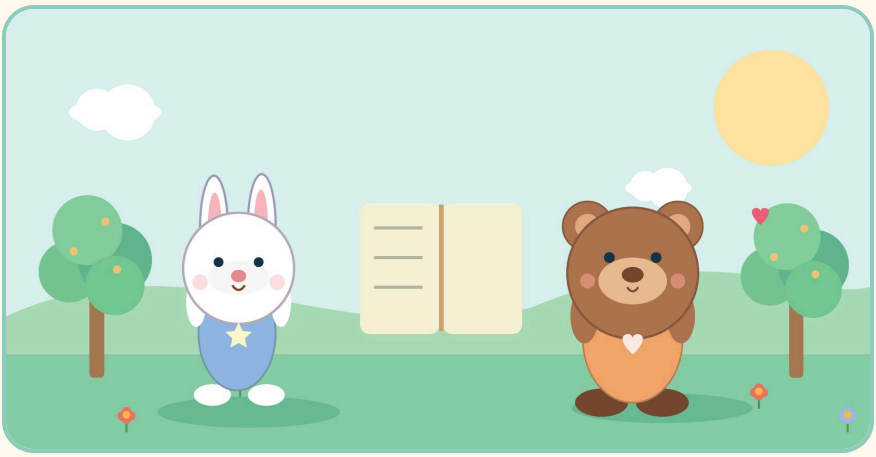
PRAY TOGETHER

Jesus, thank You for Your good news.

Look for the hidden pink heart in the picture!

Walk Beside Me

BIBLE: Acts 8:26-40



GROWN-UP READS

Philip met a traveler who was reading about God. The traveler had questions. Philip walked with him, listened, and helped him understand the good news about Jesus.

We can learn together.

ASK ME

Who can help you when you have a question?

TRY IT TODAY

Look at a Bible picture with a grown-up and ask a question.

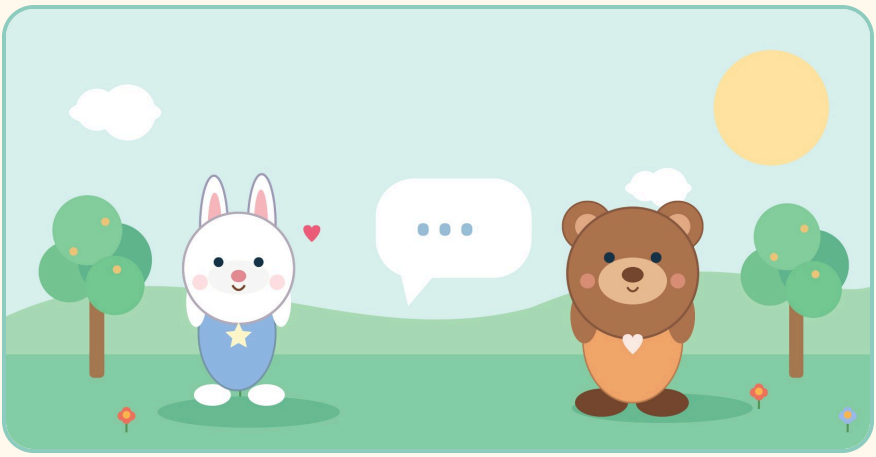
PRAY TOGETHER

God, help me learn and help others learn.

Look for the hidden pink heart in the picture!

Big Listening Ears

BIBLE: James 1:19-20



GROWN-UP READS

The Bible says to be quick to listen and slow to speak. Listening shows people that they matter. We can use our ears before we use our words.

First, I listen.

ASK ME

Can you show me your listening ears?

TRY IT TODAY

Play a listening game: hear three sounds and name them.

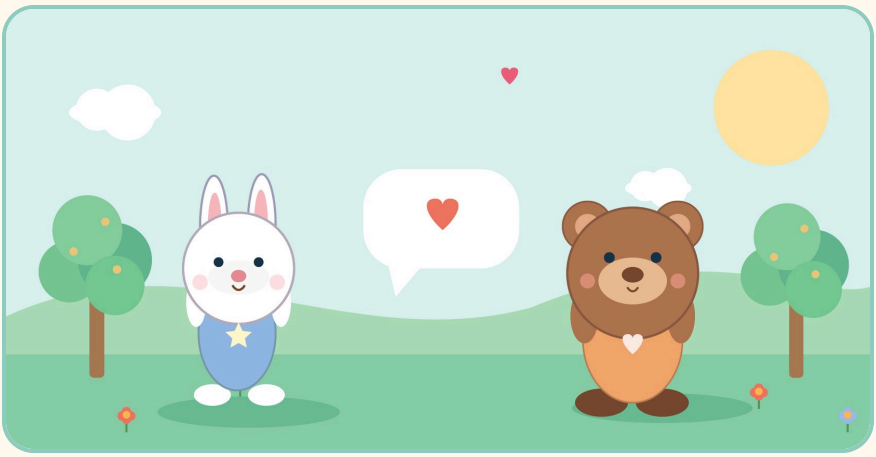
PRAY TOGETHER

God, help me be a good listener.

Look for the hidden pink heart in the picture!

My Story Matters

BIBLE: Acts 26:1-23



GROWN-UP READS

Paul stood before a king and told the story of how he met Jesus. Paul spoke about what Jesus had done in his life. Everyone has a story to tell.

I can tell my story.

ASK ME

What is one happy thing that happened to you?

TRY IT TODAY

Tell someone one way God has cared for you.

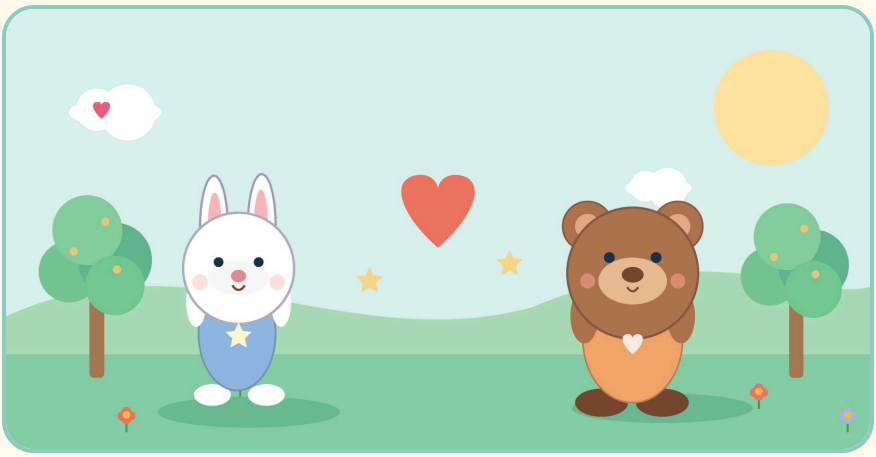
PRAY TOGETHER

Jesus, thank You for being part of my story.

Look for the hidden pink heart in the picture!

Gentle and Kind

BIBLE: 1 Thessalonians 2:7-12



GROWN-UP READS

Paul cared for his friends gently, like a parent caring for a child. He used kind words and loving actions to help them grow.

Gentle words show love.

ASK ME

What does a gentle voice sound like?

TRY IT TODAY

Practice saying "Are you okay?" in a gentle voice.

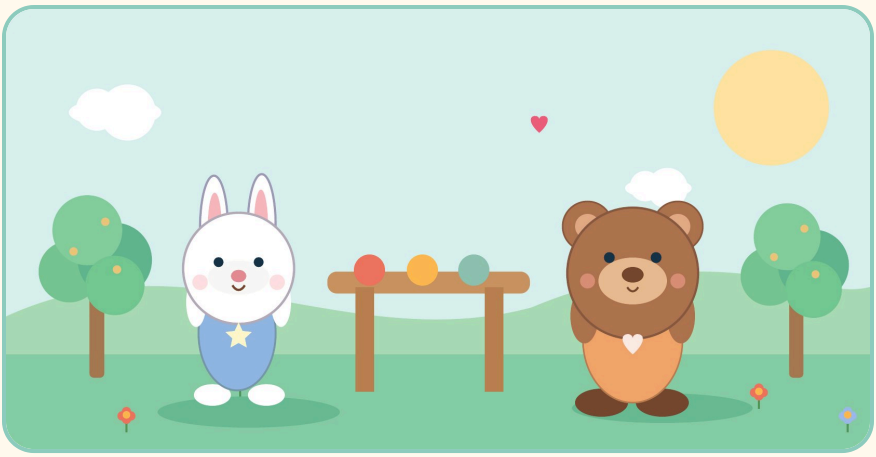
PRAY TOGETHER

God, help my words be gentle and kind.

Look for the hidden pink heart in the picture!

Everyone Can Come

BIBLE: Mark 2:13-17



GROWN-UP READS

Some people did not like the friends Jesus chose. Jesus still sat and ate with them. He came to help people who needed Him. Everyone matters to Jesus.

Jesus welcomes people.

ASK ME

What could you say to someone who feels left out?

TRY IT TODAY

Invite someone new into a safe, friendly game.

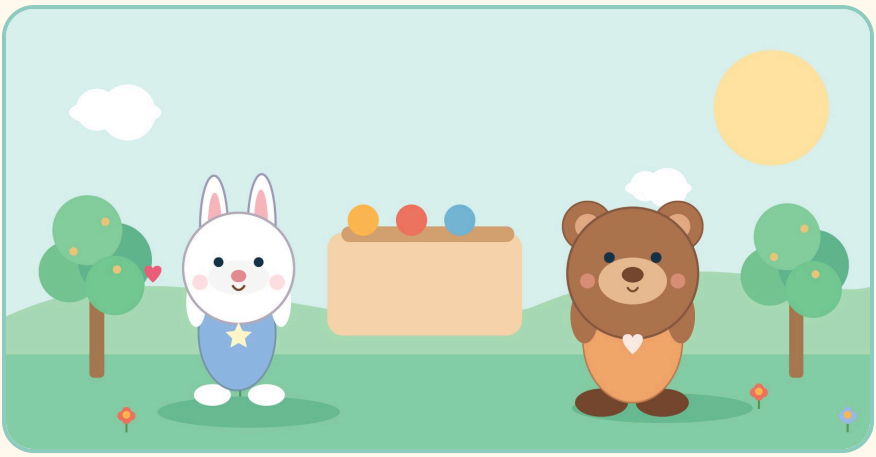
PRAY TOGETHER

Jesus, help me welcome others like You do.

Look for the hidden pink heart in the picture!

Come and See

BIBLE: John 1:43-46



GROWN-UP READS

Philip was excited about Jesus. He found Nathanael and told him about Jesus. Nathanael had questions. Philip simply said, "Come and see."

Come and see!

ASK ME

What is something fun you could show a friend?

TRY IT TODAY

With a grown-up, invite someone to church or a family activity.

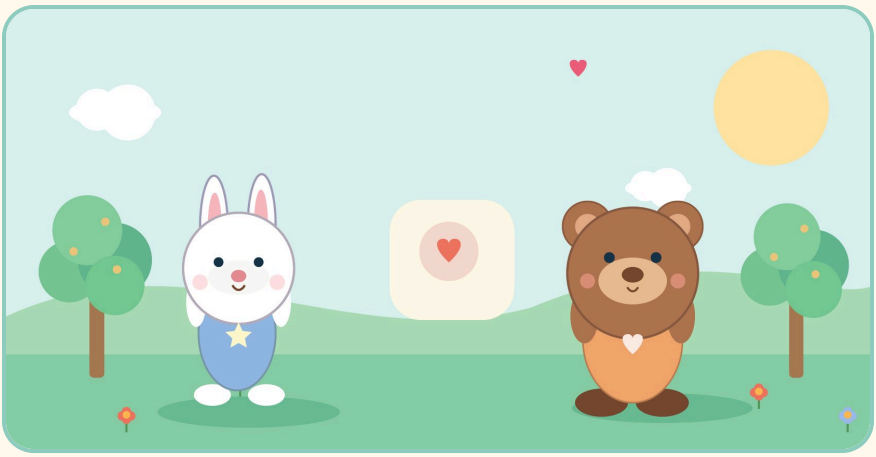
PRAY TOGETHER

Jesus, help me invite with kindness.

Look for the hidden pink heart in the picture!

Kind After No

BIBLE: Mark 10:17-22



GROWN-UP READS

A man came to Jesus with a big question. Jesus loved him and told him the truth. The man walked away sad. Jesus still loved him.

I can be kind after no.

ASK ME

How can you be kind if a friend says no?

TRY IT TODAY

Offer to share. If the answer is no, smile and keep being kind.

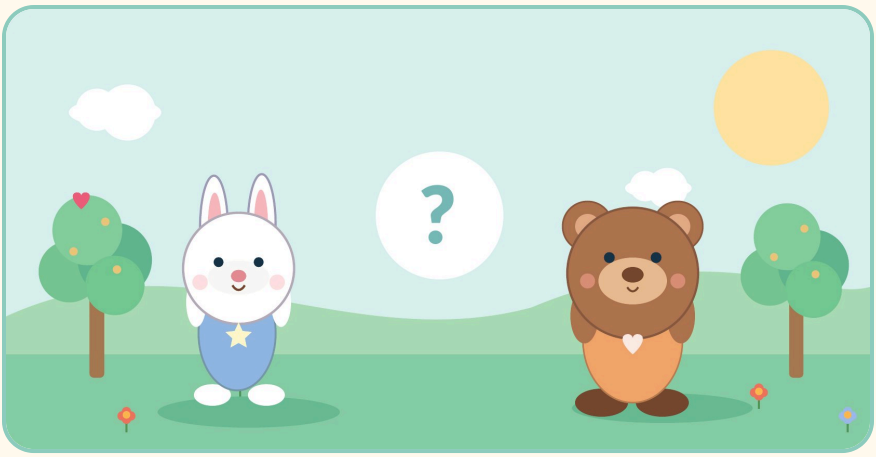
PRAY TOGETHER

Jesus, help me love others without pushing.

Look for the hidden pink heart in the picture!

Questions Are Okay

BIBLE: John 20:24-29



GROWN-UP READS

Thomas had big questions after Jesus came back to life. Jesus came to Thomas and helped him understand. Jesus did not turn Thomas away.

I can ask questions.

ASK ME

What question would you like to ask about Jesus?

TRY IT TODAY

Ask a grown-up one question about God or the Bible.

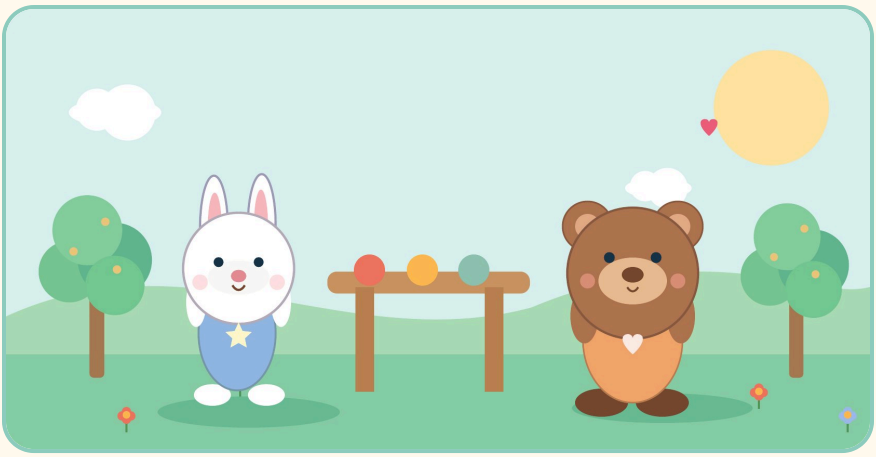
PRAY TOGETHER

Jesus, thank You for hearing my questions.

Look for the hidden pink heart in the picture!

Better Together

BIBLE: Acts 2:42-47



GROWN-UP READS

Jesus' friends spent time together. They ate, prayed, learned, and shared what they had. They made room for one another.

We are better together.

ASK ME

What can you share with a friend?

TRY IT TODAY

Share a snack, a toy, or your time today.

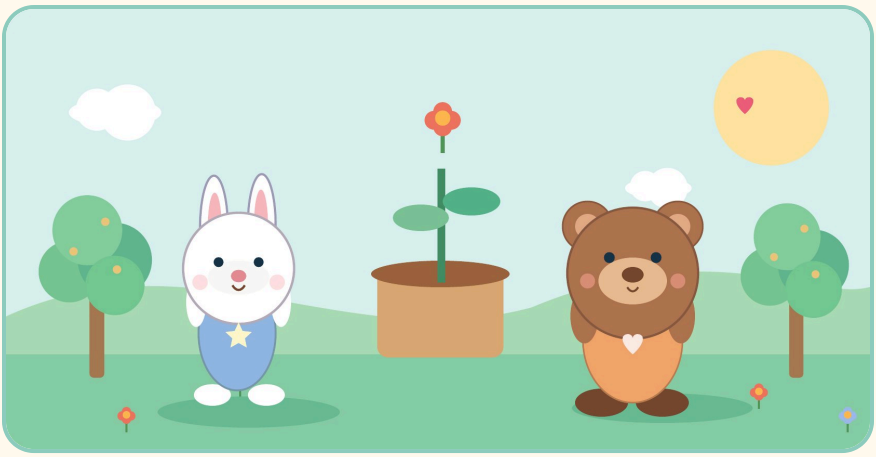
PRAY TOGETHER

God, thank You for people to love.

Look for the hidden pink heart in the picture!

Plant and Water

BIBLE: 1 Corinthians 3:5-9



GROWN-UP READS

Paul said that one person plants and another person waters, and God is the one who makes things grow. We can do our small part and trust Him with the rest.

I can do my part.

ASK ME

What job could you do to help?

TRY IT TODAY

Water a plant or help set the table.

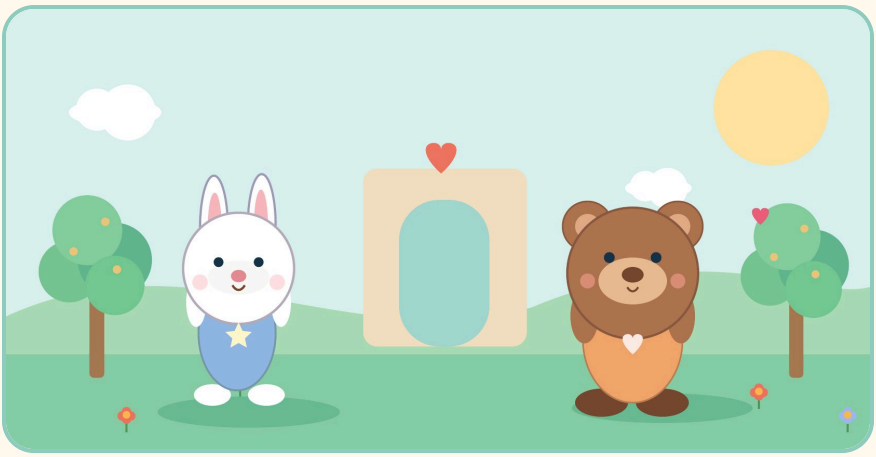
PRAY TOGETHER

God, help me do my small part with love.

Look for the hidden pink heart in the picture!

Give a Chance

BIBLE: Acts 9:26-28



GROWN-UP READS

Some people were afraid of Saul because he had hurt Jesus' followers before. Barnabas welcomed him and helped others get to know him. People can change.

I can give someone a chance.

ASK ME

How does it feel when someone is new?

TRY IT TODAY

Say hello to someone you do not usually play with.

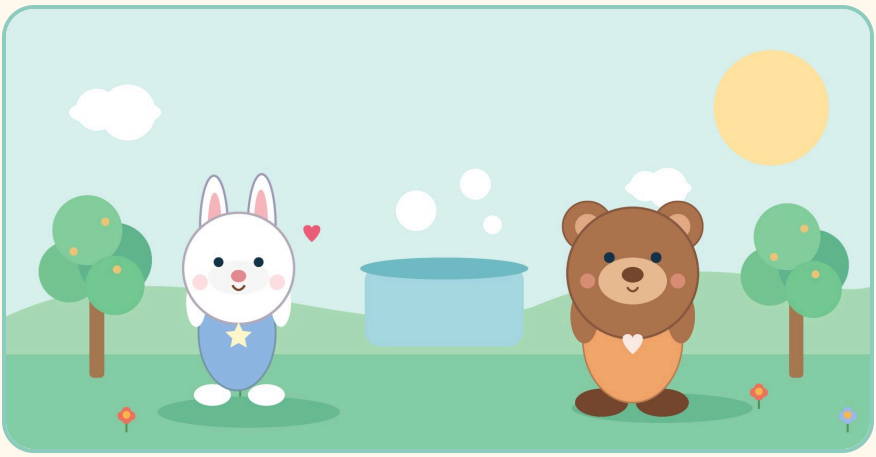
PRAY TOGETHER

Jesus, help me welcome people kindly.

Look for the hidden pink heart in the picture!

Love Serves

BIBLE: John 13:1-17



GROWN-UP READS

Jesus washed His friends' dusty feet. It was a job that seemed small and messy. Jesus showed that love is willing to serve.

Love helps with little jobs.

ASK ME

What small job can you do with love?

TRY IT TODAY

Help wash a safe toy or wipe a table with a grown-up.

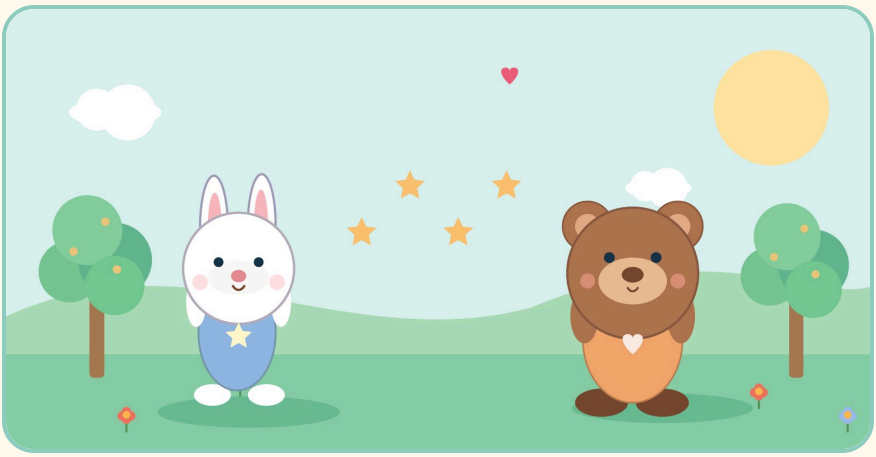
PRAY TOGETHER

Jesus, teach me to help with joy.

Look for the hidden pink heart in the picture!

One Brave Step

BIBLE: Acts 9:10-19



GROWN-UP READS

God asked Ananias to visit a man named Saul. Ananias felt afraid, and he went anyway. He helped Saul and showed him kindness.

I can take one brave step.

ASK ME

What can help you feel brave?

TRY IT TODAY

Practice a kind hello with a grown-up, then try it with a friend.

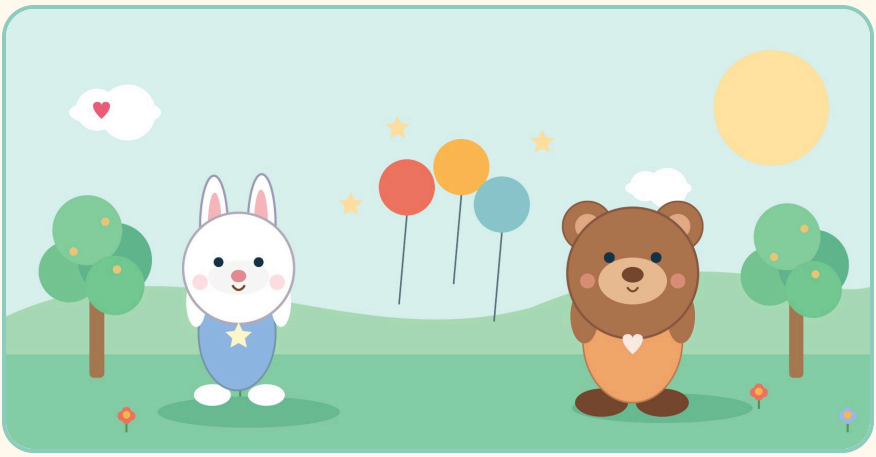
PRAY TOGETHER

God, give me courage to do good.

Look for the hidden pink heart in the picture!

One More Celebration!

BIBLE: Luke 15:1-7



GROWN-UP READS

Jesus told the story of the lost sheep because He loves every person. The shepherd found his sheep and celebrated! We can celebrate every act of love and keep making room for one more.

There is room for one more!

ASK ME

What was your favorite way to show kindness?

TRY IT TODAY

Cheer together! Then choose one more kind thing to do.

PRAY TOGETHER

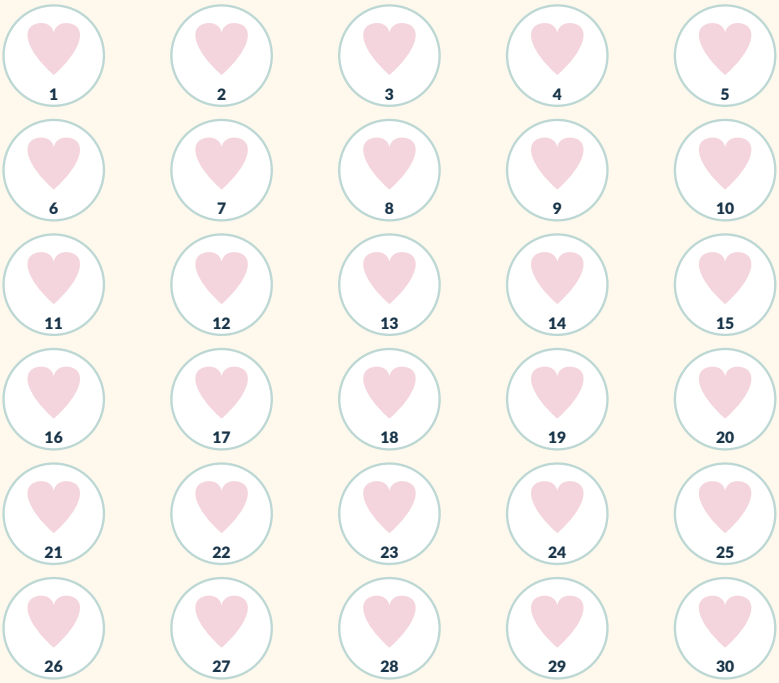
Jesus, thank You for loving every one of us. Amen.

Look for the hidden pink heart in the picture!

OUR 30 DAYS OF KINDNESS

Color a heart each day you finish!

Miss a day? Just keep going when you can.



There is room for one more!

God loves every person. Keep looking for little ways to show His love at home, at school, and wherever you go.